



## Professional Staff

Parent educators are professionally certified through the National Exchange Club Foundation for the Prevention of Child Abuse.

## For More Information

If you or someone you know could benefit from our services, contact us at the number listed or visit us online at [www.PressleyRidge.org](http://www.PressleyRidge.org).

### CAMP HILL

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[www.PressleyRidge.org](http://www.PressleyRidge.org)

Operations Center  
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[www.PressleyRidge.org](http://www.PressleyRidge.org)



# ParentWorks



## About Pressley Ridge

Pressley Ridge, a non-profit organization founded in 1832, provides an array of services to keep children and families together so that youths with challenging behaviors can remain in their homes, schools, and communities. Today, over 1,000 employees help more than 5,400 children and their families annually with innovative programs in Delaware, Maryland, Ohio, Pennsylvania, Virginia, and West Virginia.

### PRESSLEY RIDGE OFFERS PROGRAMS AND SERVICES IN FOUR DIFFERENT AREAS:

- Foster Care Connections providing families with havens for safety, renewal, and return.
- Residential Options creating supportive places to practice new possibilities & life contributions.
- Community-Based Support offering coaching & self-discovery—in the home, in the moment, and over time.
- Educational Opportunities that welcome kids into schools that start with their strengths – places of joy, belonging, confidence & generous contribution.



*Child and family empowerment creates life-long changes and successes.*



All Pressley Ridge services are guided by a common treatment philosophy called Re-Education. Re-ED focuses on the strengths of each child and family, and holds these beliefs: It is possible to teach competence; change is possible; and the development of trusting relationships with caring, committed adults is the most significant factor in turning around the lives of seriously troubled children.

Pressley Ridge staff and professional foster parents are well-trained, supportively supervised and challenged daily to do “whatever it takes to create success for children and families”.

### Program Overview

ParentWorks, a program of Pressley Ridge, provides support and education for parents. We offer services in the family's home, at centers and in classes through Cumberland, Dauphin, Lancaster and Lebanon counties.

### In-Home Services

Parent educators work with families in their home on goals established by the family. Through a variety of teaching tools, including DVDs, videos, role play and role modeling, parents learn how to improve their parenting style, improve their children's lives and strengthen their family. Parent educators meet with parents for an hour once a week.

### Center Based Services

ParentWorks offers an interactive two-hour program for parents and children, age birth to five years, one morning each week. Each session focuses on play, the most important learning activity for children, and behavior management.

Staff works with parents to establish goals and identify resources to meet their needs. Each week, parents are engaged in discussion about a parenting issue – from bedtime routines to discipline, nutrition to anger management. Children enjoy a snack, craft and story time.

### Parenting Classes

Parents attend a two-hour program for four weeks on topics including the responsibility of parenthood, discipline, safety and supervision, and co-parenting. Classes are scheduled throughout the year.

